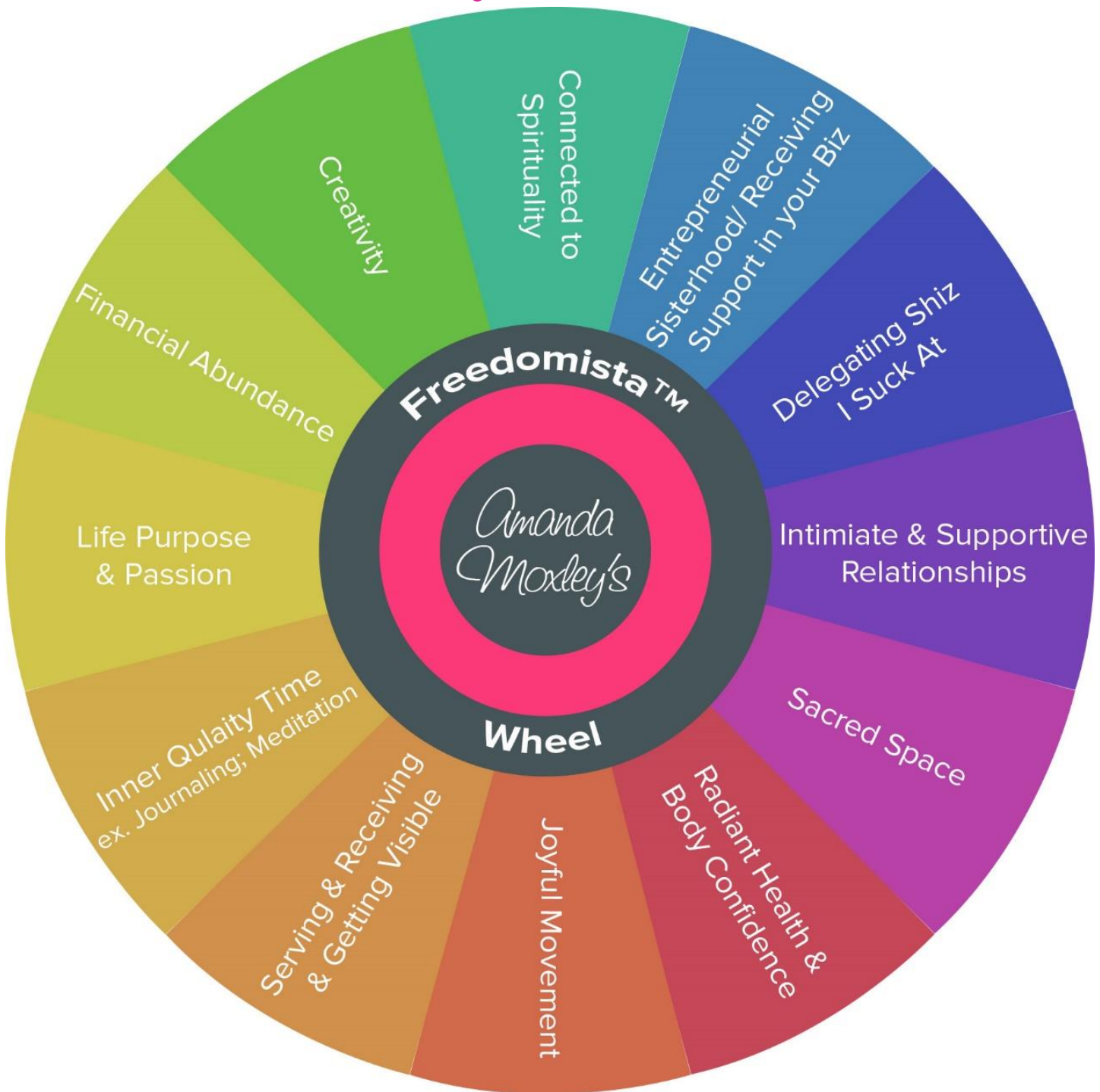


Amanda Moxley's Freedomista™ Wheel



Imagine that the center point is the least desirable state and the outside of the circle is the most desirable state. Look at each category. Take a moment to think about where you are right now. Where is it in relation to where you want to be? Then mark along the line for each category where you feel you are right now. Next, connect the dots. Notice the parts of your wheel that are closest to the center. What are 3 action steps that you can take to improve these areas?

1. Entrepreneurial Sisterhood/ Receiving Support in Your Biz

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

2. Delegating Shiz I Suck At

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

3. Intimate and Supportive Relationships

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

4. Sacred Space

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

5. Radiant Health and Body Confidence

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

6. Joyful Movement

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

7. Serving and Receiving and Getting Visible

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

8. Inner Quality Time (ex. Journaling; Meditation)

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

9. Life Purpose and Passion

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

10. Financial Abundance

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

11. Creativity

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be

12. Connected to Spirituality

a. Where I am

b. Where I want to be

c. My 3 JFDI action steps for getting to where I want to be